

God's word is full of truth that is designed to give us life.  
Share in these timeless truths that help us to see ourselves through His eyes.  
Share, Cut out and memorize!

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 YOU ARE LOVED 

"For as high as the heavens are above the earth, so great is his love for those who fear him."  
(Psalm 103:11)

"You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar."  
(Psalm 139:1)

"The Lord your God is with you, the Mighty warrior who saves. He will take great delight in you; in His love he will no longer rebuke you, but will rejoice over you with singing."  
(Zephaniah 3:17)

"For you created my inmost being; you knit me together in my mother's womb. I praise you because I AM FEARFULLY AND WONDERFULLY MADE; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be. How precious to me are your thoughts God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand- when I awake, I am still with you."  
(Psalm 139:13-18)

 THE GREATEST LOVE STORY 

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."  
(John 3:16)

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full." (John 10:10)

"The fruit of the Spirit is love, joy, peace, forbearance (patience), kindness, goodness, faithfulness, gentleness and self-control.  
(Galatians 5:22-23a)

"My child, pay attention to what I say. Listen carefully to my words. Don't lose sight of them. Let them penetrate deep into your heart, for they bring life to those who find them and healing to their whole body."  
(Proverbs 4:20-22 NLT)

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 YOU ARE BEAUTIFUL 

"You will be a crown of splendor in the Lord's hand, a royal diadem in the hand of your God."  
(Isaiah 62:3)

"So God created mankind in his own image, in the image of God he created them; male and female he created them."  
(Genesis 1:27)

"The Lord make his face shine on you and be gracious to you."  
(Numbers 6:25)

"God saw all that he had made, and it was very good." (Genesis 1:31a)

"Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight." (1 Peter 3:4)

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 WHO DEFINES YOU? 

"See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him."  
(1 John 3:1)

"I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty." (2 Corinthians 6:18)

"He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end." (Ecclesiastes 3:11)

"But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light."  
(1 Peter 2:9).

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"  
(2 Corinthians 5:17)

"Walk with the wise and become wise, for a companion of fools suffers harm."  
(Proverbs 13:20)



"Don't you know that you yourselves are God's temple and that God's Spirit dwells in your midst?"  
(1 Corinthians 3:16)

"Above all else, guard your heart, for everything you do flows from it."  
(Proverbs 4:23)

"Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?" (Matthew 6:26)

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 YOU HAVE A PURPOSE 

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."  
(Jeremiah 29:11)

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."  
(Proverbs 3:5-6)

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds."  
(James 1:2)

"I can do all this through him who gives me strength."  
(Philippians 4:13)

"His divine power has given us everything we need for a godly life through our knowledge of him who called us by his glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature."  
(2 Peter 1:3-4a)

"As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, so is my word that goes out from my mouth: it will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. You will go out in joy and be led forth in peace; the mountains and hills will burst into song before you, and all the trees of the field will clap their hands."  
(Isaiah 55:10-12)

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## ANXIETY, FEAR, STRESS AND WORRY



"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." (Philippians 4:6)

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."  
(Proverbs 3:5-6)

"When hard pressed, I cried to the Lord; he brought me into a spacious place. The Lord is with me; I will not be afraid. What can mere mortals do to me? The Lord is with me; he is my helper. I look in triumph on my enemies."  
(Psalm 118:5-7)

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."  
(Joshua 1:9)

"Look at the birds of the air; they do not sow or reap or store away in barns, and yet your Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?"  
(Matthew 6:26-27)

"Would not God have discovered it, since he knows the secrets of the heart?"  
(Psalm 44:21)



## FINDING THE LIGHT IN THE DARKNESS



"In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it."  
(John 1:4-5)

"The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus."  
(1 Timothy 1:14)

"With a mighty hand and outstretched arm; His love endures forever."  
(Psalm 136:12)

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## CHALLENGES AND BLESSINGS



"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything."  
(James 1:2-4)

"I can do all this through him who gives me strength."  
(Philippians 4:13)

"Above all else, guard your heart, for everything you do flows from it."  
(Proverbs 4:23)

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things."  
(Philippians 4:8)



## A SERVANT HEART IS A GRATEFUL HEART



"Above all, love each other deeply, because love covers over a multitude of sins. Offer hospitality to one another without grumbling. Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."  
(1 Peter 4:8-10)

"Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'"  
(Matthew 22:37-39)

"Now eagerly desire the greater gifts."  
(1 Corinthians 12:31)

"There are different kinds of gifts, but the same Spirit distributes them. There are different kinds of service, but the same Lord. There are different kinds of working, but in all of them and in everyone it is the same God at work."  
(1 Corinthians 12:4-6)

"If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it." (1 Corinthians 12:26)

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails." (1 Corinthians 13:4-8a)

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 FIND YOUR BALANCE 

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery." (Galatians 5:1)

"Peace I leave with you: my peace I give to you. I do not give as the world gives. Do not let your heart be troubled and, do not be afraid." (John 14:27)

"The heavens declare the glory of God; the skies proclaim the work of his hands. Day after day they pour forth speech; night after night they reveal knowledge. They have no speech, they use no words; no sound heard from them. Yet their voice goes out into all the earth, their words to the ends of the world." (Psalm 19:1-4)

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." (Psalm 46:10)

"Where there is strife, there is pride, but wisdom is found in those who take advice." (Proverbs 13:10)

"Hatred stirs up conflict, but love covers all wrongs." (Proverbs 10:12)

"A hot-tempered person stirs up conflict, but the one who is patient calms a quarrel." (Proverbs 15:18)

"The greedy stir up conflict, but those who trust in the Lord will prosper." (Proverbs 28:25)

"Love, joy, peace, forbearance (patience), kindness, goodness, faithfulness, gentleness and self-control." (Galatians 5:22b-23a)

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full." (John 10:10)

"But seek first his kingdom and his righteousness, and all these things will be given to you as well." (Matthew 6:33)

"Come to me, all you who are weary and burdened, and I will give you rest." (Matthew 11:28)

"Pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one's whole body." (Proverbs 4:20-22 NIV).

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YOU CAN (WILL) CHANGE THE WORLD



"For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."  
(Ephesians 2:10 NLT)

"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity." (1 Timothy 4:12)

"Take delight in the Lord, and he will give you the desires of your heart?"  
(Psalm 37:4)

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I encourage you to explore God's word and find more timeless truths. Please share them with me at <https://youthroughthefatherseyes.com>.